

# 1<sup>ST</sup> EUROPEAN LIFESTYLE MEDICINE CONGRESS

A Bridge to Sustainable Health



**European Lifestyle Medicine Organization (ELMO)** is pleased to announce the organization of the **1st European Lifestyle Medicine Congress** that will take place from **10 to 11 November 2018** at the **InterContinental Geneva hotel, Geneva, Switzerland.**

The goal and primary focus of **Lifestyle Medicine** is to promote healthier lives through salutary environments and healthier lifestyle choices. Treatment of LRDs includes nutritional, exercise, psychological, behavioral, social and environmental interventions. To do it successfully, education, training and communication about Lifestyle Medicine are required among professionals and public.

The **1st European Lifestyle Medicine Congress** intends to bring together the most prestigious European and International professionals with clinical expertise and scientific recognition to facilitate the spread and exchange of **evidenced based** knowledge, skills and attitudes, between experts, researchers, clinicians and trainees.

With the certainty that our hard work will lead to the organization of an outstanding scientific and educational congress,

We look forward to meeting you in Geneva!

To find more about the **ELMO 2018 Congress**, visit [www.elmocongress.com](http://www.elmocongress.com)

## ORGANIZER

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